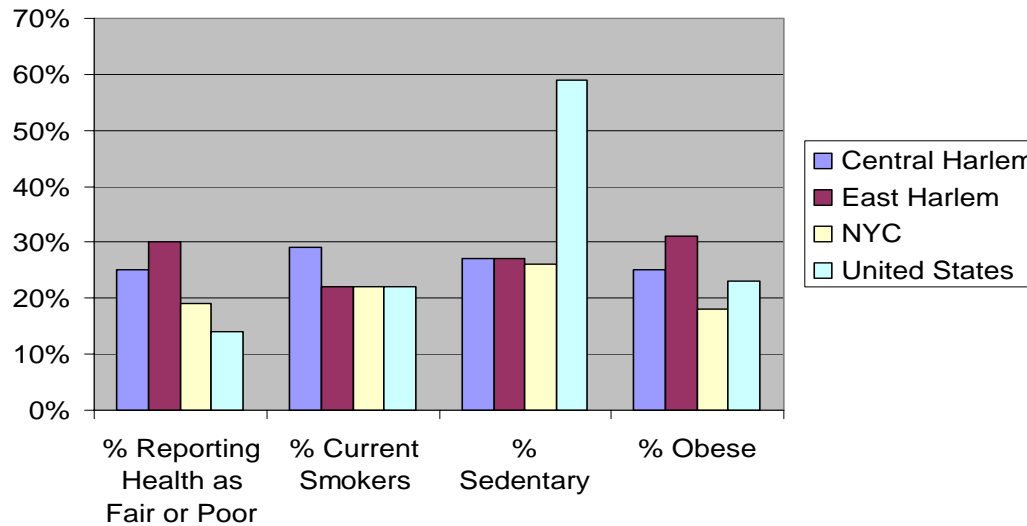


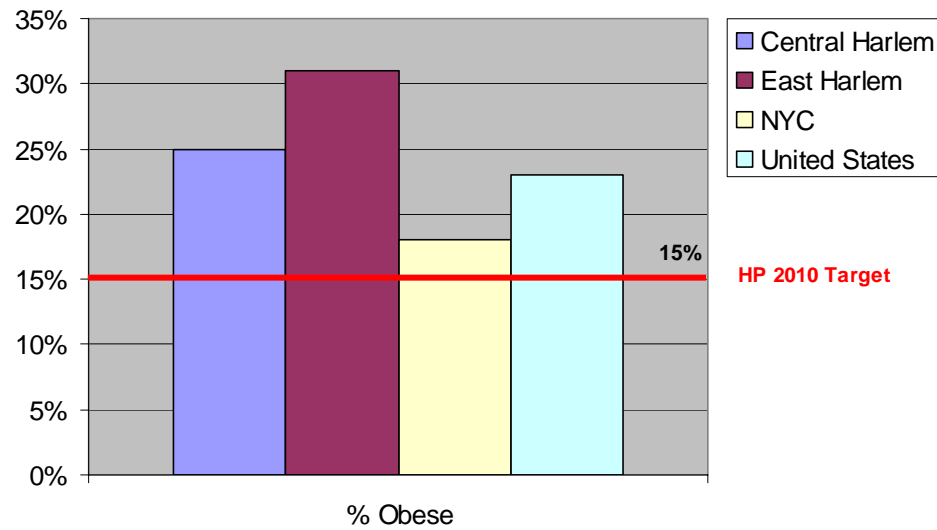
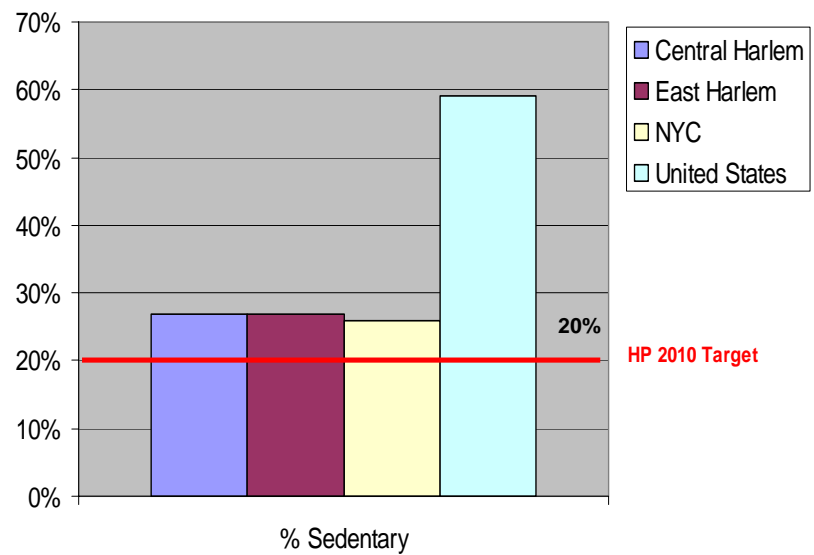
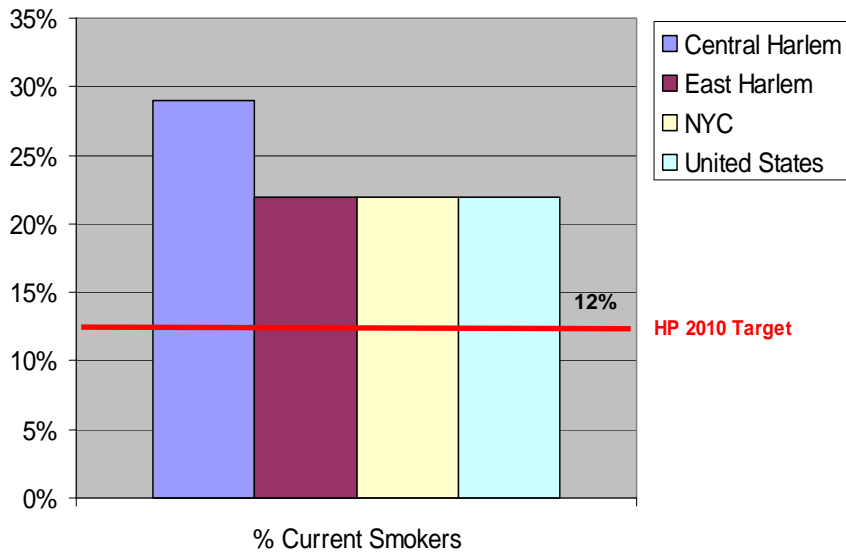
## Adult Risk Behaviors & Status

What is the current health status of residents living in Harlem in comparison to New York City and the United States and what percentage of Harlem residents engage in specific health risk behaviors?

	Harlem		NYC	United States*	Central Harlem Disparity (w/NYC)	Central Harlem Disparity (w/U.S.)	Healthy People 2010 Target
	Central	East					
% Reporting Health as Fair or Poor	25%	30%	19%	12%	+32%	+108%	N/A
% Current Smokers	29%	22%	22%	22%	+32%	+32%	12%
% Sedentary	27%	27%	26%	59%	+4%	-54%	20%
% Obese	25%	31%	18%	23%	+38%	+9%	15%

Significantly more Harlem residents report a low health status compared to NYC and the United States. In addition, over one third more Harlem residents smoke. However the percentage of Harlem residents who are sedentary is over 50% below the national percentage. But in comparison to New York City, one in four (25%) Harlem residents are obese which is significantly higher than 18% of New York City residents.





Source: NYC DOHMH, 2002 Community Health Survey  
 \*CDC, 2002 National Health Interview Survey